



# Toddler Kindnesses

Take a look at this list of kindness ideas. Fill in the blanks with any others ideas that you have. Print out the list, cut out the kindnesses, and put them in your jar. Pick one a day (or as many/as often as you want) and start spreading the kindness!

Use sidewalk chalk to draw designs on the sidewalk for neighbors and passersby.

Pick a flower bouquet, put it in water and leave it on someone's front door.

Make a nature treasure display in your own yard for your family, or in a public space for others to see.

Have a silly family dance party to make each other laugh! Take turns imitating each other's silly movements.

Gather rocks or acorns and turn them into smiley friends. Leave them around for people to find. See how [here](#).

Make a drawing or piece of art and post it in the window or in your yard for others to see.

Leave a dish of fresh water for dogs who walk by.

Look in the mirror together and make funny faces. Or, get on video chat with people you love and do the same.

Water a plant and talk to the plant as you water it.

Make a "party" (with music, bubbles, decorations) and invite stuffed animals to join.

Make a cooling bath for mom or dad's feet and yours. Sit and cool down together. Ahhh...