

Winter Family **PLAY** Breaks

5-minute ideas designed to inspire hours of play

This week, each Play Break helps kids (and us) make the most of a fresh start to the year! Make wishes, brainstorm ideas and get in your 2021 go outside rhythm.



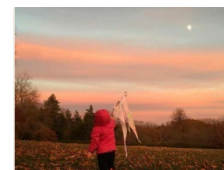
Enrolled in an upcoming class? Be sure to gather treasure for your first session!

Gather winter treasure: Grab a bucket, pillowcase, bag or other container kids can carry. Head outside and gather nature treasures. What are winter nature treasures? Anything kids love to see, smell, touch and collect from your wintry landscape. Designate a space (inside or out) and use a container or two (eg. box, bin, tray) to store and display your wintry treasures.



Make an ice mobile: Fill a rimmed cookie sheet, pie pan or other container with water and nature treasures. Place two ends of a piece of string in the tray. If you have freezing temperatures, leave it outside for a day to freeze. If not, wiggle free some room in the freezer. Once its frozen, welcome kids to use all of their senses to explore your new ice mobile. Kids can use tools to have fun freeing the treasures from the ice, too. See our [Ice Mobile DIY activity](#) for more.

Take the moon for a walk: While we have a gibbous moon and early nightfalls, bundle up after dinner and take the moon for a walk. Read our [Moon Walk DIY activity](#) for more.



Make nature soup: One of the activities most loved and requested by Tinkergarten kids is making nature soup. No matter your winter climate, kids can turn hours of pretend play turning water (or snow) and nature treasures into soups and stews. Read our [Stone Soup DIY activity](#) for more.

Share your play by tagging @tinkergarten on [Instagram](#), or inspire others in our [OutdoorsAll4 Facebook group](#). We love to celebrate outdoor play, and we can all lift one another this year!