



Learn From An Elder

Below are a list of questions you can pick from when you call to ask someone you love about their favorite holiday memories and traditions. Record the audio, write down answers or draw pictures to remember all that you learn!

Memories

- How did your family celebrate holidays when you were a child?
- What is one of your favorite holiday memories from when you were a child?
- What is one of your favorite holiday memories from when you were a grown up?
- What is one gift that you felt really joyful to get?
- What is one gift that you felt really joyful to give?
- (If grandparent) What do you remember about how mom/dad were like during the holidays when mom/dad was a child?

Foods

- What is your favorite holiday dish?
- Are there special recipes your parents made? Do you still make it? Why/why not?
- Where did your favorite holiday dish come from? Who taught it to you? Where did they get it?
- What is one gift that you felt really joyful to give?

Songs

- What holiday songs do you remember from when you were younger?
- Do you have any favorite holiday songs today?
- What kind of songs or music did your family listen to when you were a child?
- Can you sing/teach us to sing one of your favorite old songs?

